

HOT LUNCH 9-12

Great Oaks
January 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
				Closed		Closed		Closed	
6		7		8		9		10	
Closed		Hamburger 1 ea Sliced Cheese 1/2 oz Sweet Potato Fries 1/2 cup Green Beans 1/2 cup WG Hamburger Bun 1 ea Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of milk 8 oz Ketchup 1 pkt	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz 1 pkt	Fajita Chicken 1/2 cup WG Brown Rice 1/4 cup Black Beans 1/2 cup Diced Carrots 1/2 cup WG Tortilla 1 ea Applesauce 1/2 cup 100% Fruit Juice 4 oz Choice of milk 8 oz	1/2 cup 1/4 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Meatballs 7 ea Spaghetti Sauce 1/4 cup WG Penne Pasta 1/2 cup Mixed Vegetables 3/4 cup Dinner Roll 1 ea Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of milk 8 oz	7 ea 1/4 cup 1/2 cup 3/4 cup 1 ea 1 ea 4 oz 8 oz	Cheese Pizza 1 ea Romaine Salad 1 cup Cucumber Slices 1/2 cup Mixed Fruit 1/2 cup 100% Fruit Juice 4 oz Choice of milk 8 oz Ranch Dressing 1 ea	1 ea 1 cup 1/2 cup 1/2 cup 4 oz 8 oz 1 ea
13		14		15		16		17	
Korean BBQ Meatballs 7 ea WG Brown Rice 1/2 cup Diced Carrots 1/2 cup Green Beans 1/2 cup Dinner Roll 1 ea Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of Milk 8 oz	7 ea 1/2 cup 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz	Chicken Tenders 3 ea Baked Beans 1/2 cup Sweet Potato Fries 1/2 cup Dinner Roll 1 ea Diced Pears 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz Ketchup 1 pkt	3 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt	Turkey Hot Dog 1 ea Potato Tots 1/2 cup Broccoli 1/2 cup WG Hot Dog Bun 1 ea Applesauce 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz Ketchup 1 ea	1 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 ea	Diced Chicken 3 oz Alfredo Sauce 2 oz WG Penne Pasta 1/2 cup Green Peas 1/2 cup California Vegetable Blend 1/2 cup Dinner Roll 1 ea Applesauce 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz	3 oz 2 oz 1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Cheese Pizza 1 ea Iceberg Salad 1.5 cup Tomatoes 1/4 cup Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of Milk 8 oz Ranch Dressing 1 ea	1 ea 1.5 cup 1/4 cup 1 ea 4 oz 8 oz 1 ea
20		21		22		23		24	
Closed		Turkey Breast 3.5 oz W/Gravy 2 oz Whipped Potatoes 1/2 cup Green Peas 1/2 cup Dinner Roll 2 ea Mixed Fruit 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz	3.5 oz 2 oz 1/2 cup 1/2 cup 2 ea 1/2 cup 4 oz 8 oz	General Tso's Chicken 12 ea WG Brown Rice 1/2 cup Mixed Vegetables 1/2 cup Broccoli 1/2 cup Applesauce 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz	12 ea 1/2 cup 1/2 cup 1/2 cup 1/2 cup 4 oz 8 oz	Hamburger 1 ea Sliced Cheese 1/2 oz Diced Carrots 1/2 cup Baked Beans 1/2 cup WG Hamburger Bun 1 ea Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of Milk 8 oz Ketchup 1 ea	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz 1 ea	Cheese Pizza 1 ea Romaine Salad 1 cup Tomato Wedges 1/8 cup Cucumber Slices 1/4 cup Diced Peaches 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz Ranch Dressing 1 ea	1 ea 1 cup 1/8 cup 1/4 cup 1/2 cup 4 oz 8 oz 1 ea
27		28		29		30		31	
Chicken Patty 1 ea Sweet Potato Fries 1/2 cup Mixed Vegetables 1/2 cup WG Hamburger Bun 1 ea Pineapple 1/2 cup 100% Fruit Juice 4 oz Choice of milk 8 oz Ketchup 2 pkt	1 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 2 pkt	Nashville Popcorn 12 ea Chicken 1/2 cup Diced Carrots 1/2 cup Green Peas 1/2 cup Dinner Roll 1 ea Applesauce 1/2 cup 100% Fruit Juice 4 oz Choice of Milk 8 oz	12 ea 1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Turkey Sausage 2 ea Potato Tots 1/2 cup Green Beans 1/2 cup WG Waffle 2 ea Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of milk 8 oz Syrup 1 ea	2 ea 1/2 cup 1/2 cup 2 ea 1 ea 4 oz 8 oz 1 ea	Beef Taco Meat 3 oz Whole Kernel Corn 1/2 cup Black Beans 1/2 cup WG Tortilla 1 ea Graham Crackers 1 pkt Diced Pears 1/2 cup 100% Fruit Juice 4 oz Choice of milk 8 oz	3 oz 1/2 cup 1/2 cup 1 ea 1 pkt 1/2 cup 4 oz 8 oz	Cheese Pizza 1 ea Romaine Salad 1 cup Tomatoes 1/2 cup Fresh Seasonal Fruit 1 ea 100% Fruit Juice 4 oz Choice of milk 8 oz Ranch Dressing 1 ea	1 ea 1 cup 1/2 cup 1 ea 4 oz 8 oz 1 ea

HOT LUNCH 9-12

Great Oaks
March 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
Chicken Patty	1 ea	Nashville Popcorn	12 ea	Turkey Sausage	2 ea	Beef Taco Meat	3 oz	Cheese Pizza	1 ea
Sweet Potato Fries	1/2 cup	Chicken		Potato Tots	1/2 cup	Whole Kernel Corn	1/2 cup	Romaine Salad	1 cup
Mixed Vegetables	1/2 cup	Diced Carrots	1/2 cup	Green Beans	1/2 cup	Black Beans	1/2 cup	Tomatoes	1/2 cup
WG Hamburger Bun	1 ea	Green Peas	1/2 cup	WG Waffle	2 ea	WG Tortilla	1 ea	Fresh Seasonal Fruit	1 ea
Pineapple	1/2 cup	Dinner Roll	1 ea	Fresh Seasonal Fruit	1 ea	Graham Crackers	1 pkt	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Applesauce	1/2 cup	100% Fruit Juice	4 oz	Diced Pears	1/2 cup	Choice of milk	8 oz
Choice of milk	8 oz	100% Fruit Juice	4 oz	Choice of milk	8 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
Ketchup	2 pkt	Choice of Milk	8 oz	Syrup	1 ea	Choice of milk	8 oz		
10		11		12		13		14	
Sweet & Sour Chicken	12 ea	WG Cheesy Penne	1 cup	Meatloaf w/	1 ea	Turkey Hot Dog	1 ea	Cheese Pizza	1 ea
WG Brown Rice	1/2 cup	Bake w/Sauce		Gravy	2 oz	Baked Beans	1/2 cup	Iceberg Salad	1 cup
Green Beans	1/2 cup	Broccoli	1/2 cup	Mashed Potatoes	1/2 cup	Potato Tots	1/2 cup	Tomato Wedges	1/8 cup
Diced Carrots	1/2 cup	Dinner Roll	1 ea	California Vegetable	1/2 cup	WG Hot Dog Bun	1 ea	Cucumbers	1/4 cup
Dinner Roll	1 ea	Mandarin Oranges	1/2 cup	Blend		Applesauce	1/2 cup	Fresh Seasonal Fruit	1 ea
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	Dinner Roll	2 ea	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Choice of milk	8 oz	Fresh Seasonal Fruit	1 ea	Choice of milk	8 oz	Choice of Milk	8 oz
Choice of milk	8 oz			100% Fruit Juice	4 oz	Ketchup	1 pkt	Ranch Dressing	1 ea
				Choice of milk	8 oz				
17		18		19		20		21	
Chicken Nuggets	5 ea	Hamburger	1 ea	Fajita Chicken	1/2 cup	Meatballs	7 ea	Cheese Pizza	1 ea
Crinkle Cut Fries	1/2 cup	Sliced Cheese	1/2 oz	WG Brown Rice	1/4 cup	Spaghetti Sauce	1/4 cup	Romaine Salad	1cup
Mixed Vegetables	1/2 cup	Sweet Potato Fries	1/2 cup	Black Beans	1/2 cup	WG Penne Pasta	1/2 cup	Cucumber Slices	1/2 cup
Dinner Roll	1 ea	Green Beans	1/2 cup	Diced Carrots	1/2 cup	Mixed Vegetables	3/4 cup	Mixed Fruit	1/2 cup
Mandarin Oranges	1/2 cup	WG Hamburger Bun	1 ea	WG Tortilla	1 ea	Dinner Roll	1 ea	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Fresh Seasonal Fruit	1 ea	Applesauce	1/2 cup	Fresh Seasonal Fruit	1 ea	Choice of milk	8 oz
Choice of milk	8 oz	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
BBQ Sauce	1 ea	Choice of milk	8 oz	Choice of milk	8 oz	Choice of milk	8 oz		
		Ketchup	1 pkt						
24		25		26		27		28	
Korean BBQ Meatballs	7 ea	Chicken Tenders	3 ea	Turkey Hot Dog	1 ea	Diced Chicken	3 oz	Cheese Pizza	1 ea
WG Brown Rice	1/2 cup	Baked Beans	1/2 cup	Potato Tots	1/2 cup	Alfredo Sauce	2 oz	Iceberg Salad	1.5 cup
Diced Carrots	1/2 cup	Sweet Potato Fries	1/2 cup	Broccoli	1/2 cup	WG Penne Pasta	1/2 cup	Tomatoes	1/4 cup
Green Beans	1/2 cup	Dinner Roll	1 ea	WG Hot Dog Bun	1 ea	Green Peas	1/2 cup	Fresh Seasonal Fruit	1 ea
Dinner Roll	1 ea	Diced Pears	1/2 cup	Applesauce	1/2 cup	California Vegetable Blend	1/2 cup	100% Fruit Juice	4 oz
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Dinner Roll	1 ea	Choice of Milk	8 oz
100% Fruit Juice	4 oz	Choice of Milk	8 oz	Choice of Milk	8 oz	Applesauce	1/2 cup	Ranch Dressing	1 ea
Choice of Milk	8 oz	Ketchup	1 pkt	Ketchup	1 ea	100% Fruit Juice	4 oz		
						Choice of Milk	8 oz		
31									
Closed									