

HOT LUNCH 9-12

Great Oaks
January 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
				Closed		Closed		Closed	
6		7		8		9		10	
Closed		Hamburger	1 ea	Fajita Chicken	1/2 cup	Meatballs	7 ea	Cheese Pizza	1 ea
		Sliced Cheese	1/2 oz	WG Brown Rice	1/4 cup	Spaghetti Sauce	1/4 cup	Romaine Salad	1 cup
		Sweet Potato Fries	1/2 cup	Black Beans	1/2 cup	WG Penne Pasta	1/2 cup	Cucumber Slices	1/2 cup
		Green Beans	1/2 cup	Diced Carrots	1/2 cup	Mixed Vegetables	3/4 cup	Mixed Fruit	1/2 cup
		WG Hamburger Bun	1 ea	WG Tortilla	1 ea	Dinner Roll	1 ea	100% Fruit Juice	4 oz
		Fresh Seasonal Fruit	1 ea	Applesauce	1/2 cup	Fresh Seasonal Fruit	1 ea	Choice of milk	8 oz
		100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
		Choice of milk	8 oz	Choice of milk	8 oz	Choice of milk	8 oz		
		Ketchup	1 pkt						
13		14		15		16		17	
Korean BBQ Meatballs	7 ea	Chicken Tenders	3 ea	Turkey Hot Dog	1 ea	Diced Chicken	3 oz	Cheese Pizza	1 ea
WG Brown Rice	1/2 cup	Baked Beans	1/2 cup	Potato Tots	1/2 cup	Alfredo Sauce	2 oz	Iceberg Salad	1.5 cup
Diced Carrots	1/2 cup	Sweet Potato Fries	1/2 cup	Broccoli	1/2 cup	WG Penne Pasta	1/2 cup	Tomatoes	1/4 cup
Green Beans	1/2 cup	Dinner Roll	1 ea	WG Hot Dog Bun	1 ea	Green Peas	1/2 cup	Fresh Seasonal Fruit	1 ea
Dinner Roll	1 ea	Diced Pears	1/2 cup	Applesauce	1/2 cup	California Vegetable Blend	1/2 cup	100% Fruit Juice	4 oz
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Dinner Roll	1 ea	Choice of Milk	8 oz
100% Fruit Juice	4 oz	Choice of Milk	8 oz	Choice of Milk	8 oz	Applesauce	1/2 cup	Ranch Dressing	1 ea
Choice of Milk	8 oz	Ketchup	1 pkt	Ketchup	1 ea	100% Fruit Juice	4 oz		
						Choice of Milk	8 oz		
20		21		22		23		24	
Closed		Turkey Breast	3.5 oz	General Tso's Chicken	12 ea	Hamburger	1 ea	Cheese Pizza	1 ea
		W/Gravy	2 oz	WG Brown Rice	1/2 cup	Sliced Cheese	1/2 oz	Romaine Salad	1 cup
		Whipped Potatoes	1/2 cup	Mixed Vegetables	1/2 cup	Diced Carrots	1/2 cup	Tomato Wedges	1/8 cup
		Green Peas	1/2 cup	Broccoli	1/2 cup	Baked Beans	1/2 cup	Cucumber Slices	1/4 cup
		Dinner Roll	2 ea	Applesauce	1/2 cup	WG Hamburger Bun	1 ea	Diced Peaches	1/2 cup
		Mixed Fruit	1/2 cup	100% Fruit Juice	4 oz	Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz
		100% Fruit Juice	4 oz	Choice of Milk	8 oz	100% Fruit Juice	4 oz	Choice of Milk	8 oz
		Choice of Milk	8 oz			Choice of Milk	8 oz	Ranch Dressing	1 ea
						Ketchup	1 ea		
27		28		29		30		31	
Chicken Patty	1 ea	Nashville Popcorn	12 ea	Turkey Sausage	2 ea	Beef Taco Meat	3 oz	Cheese Pizza	1 ea
Sweet Potato Fries	1/2 cup	Chicken		Potato Tots	1/2 cup	Whole Kernel Corn	1/2 cup	Romaine Salad	1 cup
Mixed Vegetables	1/2 cup	Diced Carrots	1/2 cup	Green Beans	1/2 cup	Black Beans	1/2 cup	Tomatoes	1/2 cup
WG Hamburger Bun	1 ea	Green Peas	1/2 cup	WG Waffle	2 ea	WG Tortilla	1 ea	Fresh Seasonal Fruit	1 ea
Pineapple	1/2 cup	Dinner Roll	1 ea	Fresh Seasonal Fruit	1 ea	Graham Crackers	1 pkt	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Applesauce	1/2 cup	100% Fruit Juice	4 oz	Diced Pears	1/2 cup	Choice of milk	8 oz
Choice of milk	8 oz	100% Fruit Juice	4 oz	Choice of milk	8 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
Ketchup	2 pkt	Choice of Milk	8 oz	Syrup	1 ea	Choice of milk	8 oz		

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
Sweet & Sour Chicken WG Brown Rice Green Beans Diced Carrots Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	12 ea 1/2 cup 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz	WG Cheesy Penne Bake w/Sauce Broccoli Dinner Roll Mandarin Oranges 100% Fruit Juice Choice of milk	1 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Meatloaf w/ Gravy Mashed Potatoes California Vegetable Blend Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	1 ea 2 oz 1/2 cup 1/2 cup 2 ea 1 ea 4 oz 8 oz	Turkey Hot Dog Baked Beans Potato Tots WG Hot Dog Bun Applesauce 100% Fruit Juice Choice of milk Ketchup	1 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt	Cheese Pizza Iceberg Salad Tomato Wedges Cucumbers Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Ranch Dressing	1 ea 1 cup 1/8 cup 1/4 cup 1 ea 4 oz 8 oz 1 ea
10		11		12		13		14	
Closed		Hamburger Sliced Cheese Sweet Potato Fries Green Beans WG Hamburger Bun Fresh Seasonal Fruit 100% Fruit Juice Choice of milk Ketchup	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz 1 pkt	Fajita Chicken WG Brown Rice Black Beans Diced Carrots WG Tortilla Applesauce 100% Fruit Juice Choice of milk	1/2 cup 1/4 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Meatballs Spaghetti Sauce WG Penne Pasta Mixed Vegetables Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	7 ea 1/4 cup 1/2 cup 3/4 cup 1 ea 1 ea 4 oz 8 oz	Closed	
17		18		19		20		21	
Closed		Chicken Tenders Baked Beans Sweet Potato Fries Dinner Roll Diced Pears 100% Fruit Juice Choice of Milk Ketchup	3 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt	Turkey Hot Dog Potato Tots Broccoli WG Hot Dog Bun Applesauce 100% Fruit Juice Choice of Milk Ketchup	1 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 ea	Diced Chicken Alfredo Sauce WG Penne Pasta Green Peas California Vegetable Blend Dinner Roll Applesauce 100% Fruit Juice Choice of Milk	3 oz 2 oz 1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Cheese Pizza Iceberg Salad Tomatoes Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Ranch Dressing	1 ea 1.5 cup 1/4 cup 1 ea 4 oz 8 oz 1 ea
24		25		26		27		28	
Chicken Nuggets Potato Tots Diced Carrots Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Ketchup	5 ea 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz 1 pkt	Turkey Breast W/Gravy Whipped Potatoes Green Peas Dinner Roll Mixed Fruit 100% Fruit Juice Choice of Milk	3.5 oz 2 oz 1/2 cup 1/2 cup 2 ea 1/2 cup 4 oz 8 oz	General Tso's Chicken WG Brown Rice Mixed Vegetables Broccoli Applesauce 100% Fruit Juice Choice of Milk	12 ea 1/2 cup 1/2 cup 1/2 cup 1/2 cup 4 oz 8 oz	Hamburger Sliced Cheese Diced Carrots Baked Beans WG Hamburger Bun Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Ketchup	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz 1 ea	Cheese Pizza Romaine Salad Tomato Wedges Cucumber Slices Diced Peaches 100% Fruit Juice Choice of Milk Ranch Dressing	1 ea 1 cup 1/8 cup 1/4 cup 1/2 cup 4 oz 8 oz 1 ea

HOT LUNCH 9-12

Great Oaks
March 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
Chicken Patty	1 ea	Nashville Popcorn	12 ea	Turkey Sausage	2 ea	Beef Taco Meat	3 oz	Cheese Pizza	1 ea
Sweet Potato Fries	1/2 cup	Chicken		Potato Tots	1/2 cup	Whole Kernel Corn	1/2 cup	Romaine Salad	1 cup
Mixed Vegetables	1/2 cup	Diced Carrots	1/2 cup	Green Beans	1/2 cup	Black Beans	1/2 cup	Tomatoes	1/2 cup
WG Hamburger Bun	1 ea	Green Peas	1/2 cup	WG Waffle	2 ea	WG Tortilla	1 ea	Fresh Seasonal Fruit	1 ea
Pineapple	1/2 cup	Dinner Roll	1 ea	Fresh Seasonal Fruit	1 ea	Graham Crackers	1 pkt	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Applesauce	1/2 cup	100% Fruit Juice	4 oz	Diced Pears	1/2 cup	Choice of milk	8 oz
Choice of milk	8 oz	100% Fruit Juice	4 oz	Choice of milk	8 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
Ketchup	2 pkt	Choice of Milk	8 oz	Syrup	1 ea	Choice of milk	8 oz		
10		11		12		13		14	
Sweet & Sour Chicken	12 ea	WG Cheesy Penne	1 cup	Meatloaf w/	1 ea	Turkey Hot Dog	1 ea	Cheese Pizza	1 ea
WG Brown Rice	1/2 cup	Bake w/Sauce		Gravy	2 oz	Baked Beans	1/2 cup	Iceberg Salad	1 cup
Green Beans	1/2 cup	Broccoli	1/2 cup	Mashed Potatoes	1/2 cup	Potato Tots	1/2 cup	Tomato Wedges	1/8 cup
Diced Carrots	1/2 cup	Dinner Roll	1 ea	California Vegetable	1/2 cup	WG Hot Dog Bun	1 ea	Cucumbers	1/4 cup
Dinner Roll	1 ea	Mandarin Oranges	1/2 cup	Blend		Applesauce	1/2 cup	Fresh Seasonal Fruit	1 ea
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	Dinner Roll	2 ea	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Choice of milk	8 oz	Fresh Seasonal Fruit	1 ea	Choice of milk	8 oz	Choice of Milk	8 oz
Choice of milk	8 oz			100% Fruit Juice	4 oz	Ketchup	1 pkt	Ranch Dressing	1 ea
				Choice of milk	8 oz				
17		18		19		20		21	
Chicken Nuggets	5 ea	Hamburger	1 ea	Fajita Chicken	1/2 cup	Meatballs	7 ea	Cheese Pizza	1 ea
Crinkle Cut Fries	1/2 cup	Sliced Cheese	1/2 oz	WG Brown Rice	1/4 cup	Spaghetti Sauce	1/4 cup	Romaine Salad	1cup
Mixed Vegetables	1/2 cup	Sweet Potato Fries	1/2 cup	Black Beans	1/2 cup	WG Penne Pasta	1/2 cup	Cucumber Slices	1/2 cup
Dinner Roll	1 ea	Green Beans	1/2 cup	Diced Carrots	1/2 cup	Mixed Vegetables	3/4 cup	Mixed Fruit	1/2 cup
Mandarin Oranges	1/2 cup	WG Hamburger Bun	1 ea	WG Tortilla	1 ea	Dinner Roll	1 ea	100% Fruit Juice	4 oz
100% Fruit Juice	4 oz	Fresh Seasonal Fruit	1 ea	Applesauce	1/2 cup	Fresh Seasonal Fruit	1 ea	Choice of milk	8 oz
Choice of milk	8 oz	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ea
BBQ Sauce	1 ea	Choice of milk	8 oz	Choice of milk	8 oz	Choice of milk	8 oz		
		Ketchup	1 pkt						
24		25		26		27		28	
Korean BBQ Meatballs	7 ea	Chicken Tenders	3 ea	Turkey Hot Dog	1 ea	Diced Chicken	3 oz	Cheese Pizza	1 ea
WG Brown Rice	1/2 cup	Baked Beans	1/2 cup	Potato Tots	1/2 cup	Alfredo Sauce	2 oz	Iceberg Salad	1.5 cup
Diced Carrots	1/2 cup	Sweet Potato Fries	1/2 cup	Broccoli	1/2 cup	WG Penne Pasta	1/2 cup	Tomatoes	1/4 cup
Green Beans	1/2 cup	Dinner Roll	1 ea	WG Hot Dog Bun	1 ea	Green Peas	1/2 cup	Fresh Seasonal Fruit	1 ea
Dinner Roll	1 ea	Diced Pears	1/2 cup	Applesauce	1/2 cup	California Vegetable Blend	1/2 cup	100% Fruit Juice	4 oz
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Dinner Roll	1 ea	Choice of Milk	8 oz
100% Fruit Juice	4 oz	Choice of Milk	8 oz	Choice of Milk	8 oz	Applesauce	1/2 cup	Ranch Dressing	1 ea
Choice of Milk	8 oz	Ketchup	1 pkt	Ketchup	1 ea	100% Fruit Juice	4 oz		
						Choice of Milk	8 oz		
31									
Closed									